ZEN2.0 2019　Schedule

21st-22nd September 2019

Zen2.0

DAY-1：9.21 Sat

	Hojo（1F）
9:30 | 11:10	**Opening Ceremony** ～A World with Connectedness～ Stephen Murphy Shigematsu interpretation
11:30 | 12:40	**Connectedness in silence** Kathleen Reiley interpretation
13:40 | 15:00	**Journey of the Soul** Junya Ogino Genki Shiota interpretation
15:20 | 16:40	**Zazen: Practice to deepen connectedness** Issho Fujita 【90 seats】 ticket interpretation

	Ogu-do（1F）
11:10 | 16:30	**Lunch venue** **Community space**

	Oshin-kaku（2F）

	Tokugetsu-ro（2F）
11:30 | 12:40	**Mindfulness connecting to Home** ～ bringing you back home in your breathing～ Keisuke Shimada Kumiko Jin 【90 seats】 ticket interpretation
12:50 | 13:30	**Mindful Eating** Keisuke Shimada 【90 seats】 lunch box ticket
13:50 | 15:00	**Connection (En) and Circle (En)** ～Sustainability from the perspective of North American Buddhism～ Gengo Akiba interpretation
15:20 | 16:40	**Connectedness from the table** ～ Consideration of Happiness of all people around the table ～ Kakuho Aoe Miki Kanamaru 【200 seats】 ticket interpretation

	Shoto-in
11:20 | 12:40	**Shinshusouzui (Oneness of the heart and hand)' of Connectedness** ～what it means to make tea from the heart～ Kyoko "Myokyo" Denda 【8 seats】 ticket
13:40 | 15:00	**Shinshusouzui (Oneness of the heart and hand)' of Connectedness** ～what it means to make tea from the heart～ Kyoko "Myokyo" Denda 【8 seats】 ticket

DAY-2：9.22 Sun

	Hojo（1F）
9:00 | 10:20	**Mindfulness and the wisdom of Japan** Hiroaki Kumano Toji Kamata interpretation
10:40 | 12:00	**Technology in the Rein era, and the new way of the economy** Daisuke Yanasawa Kaname Hayashi interpretation
12:20 | 13:20	**Finders:The Astonishing Experiment where 70% of subjects tested experienced "Primordial Happiness" or "Enlightenment"** Jeffery A. Martin Tsuruaki Yukawa interpretation
13:50 | 14:30	**Zazen**
15:00 | 16:30	**How to realize a society that we can feel connected?** Soho Machida Kazune Uchida interpretation

	Ogu-do（1F）
9:00 | 13:00	**Lunch venue** **Community space**
13:50 | 14:50	**The Mindful World of Cacao that Contribues to Global Sustainability** Shingo Isihara Mikio Shishido 【50 seats】 ticket

	Oshin-kaku（2F）
9:00 | 10:20	**Mindfulness disseminating into our everyday life** PhraYuki Naradevo Ikuko Yamaguchi interpretation
10:40 | 12:00	**The light and shadow of the mindfulness boom thinking into the future** Stephen Murphy Shigematsu Satoshi Ikeno interpretation
12:20 | 13:20	**Being with People in times of Pain** Masahiro Fujino interpretation
13:40 | 14:50	**With Respect, Growth, and Humour** ～Talk about Happy Partnership by a Happiness Researcher couple～ Takashi Maeno Madoka Maeno interpretation

	Tokugetsu-ro（2F）
9:00 | 10:20	**Saraswati Yoga** Masako Ono 【60 seats】 ticket
10:40 | 11:50	**The positive spiral of compassion with wisdom** ～Compassion and mindful eating～ Junya Ogino 【60 seats】 lunch box ticket
12:10 | 13:20	**The Mindful Society which Meditation Guides us to** Keerthana Mariappan 【60 seats】 ticket
13:40 | 14:50	**Connectedness of the Heart that Mindfulness and Self-Compassion Guides us to** Sanae Kishimoto 【90 seats】 ticket interpretation

	Shoto-in
10:40 | 11:40	**ITOEN OCHA experience** ～Tea triggers people to stop～ ITO-EN 【12 seats】 ticket
12:20 | 13:20	**ITOEN OCHA experience** ～Tea triggers people to stop～ ITO-EN 【12 seats】 ticket
13:40 | 14:40	**ITOEN OCHA experience** ～Tea triggers people to stop～ ITO-EN 【12 seats】 ticket